

## FOREWORD

Over two decades ago, undertaking a research and thesis project was made an essential pre-requisite for completing Post Graduate studies in medical education. In the current scenario, writing a thesis is one of the most important components of Post Graduate studies and a potential area where the students are challenged by lack of structured guidance.

A thesis or dissertation marks the culmination of hundreds of hours of training, research, and scientific writing, and it represents the contribution of a postgraduate student for years after training. Writing a thesis or dissertation is perhaps the most overwhelming part of post graduate medical education. The academic demands of writing a thesis paper require a student to use their education in new and challenging ways to produce something extraordinary.

Each thesis is a unique piece of research, intended to extend the academic information in the area of specialization. The structure of the thesis explains the purpose, the previous research literature related to the topic of the study, the methods used and the findings of the project. The most difficult elements of writing a thesis include framing a research hypothesis, identifying material and methods, collating the scientific literature and using appropriate statistical tools for deriving the information.

This book not only provides useful tools to write a thesis but also identifies the typical problems that arise while writing a thesis and suggests improved solutions for the same while especially highlighting the ways of maintaining consistent quality within the thesis work; the book consists of various chapters which explain in detail the content and submission requirements that all undergraduate and postgraduate students writing a thesis must follow. This book provides basic information about thesis preparation as well as the technical parameters within which all students must work. The content and writing style requirements in this book reflect the standards for quality work.

I extend my best wishes to the Editor of this book, Prof. Piyush Gupta and all contributing authors for the success of this new work. I would also like to congratulate Jaypee publishers for their work and hope that the next generation of Researchers immensely benefit from this publication.

Best wishes,

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